

Writing III

The use of the hypomnemata as an exercise of disciplining and controlling the self seems much more evident than the use of correspondence to accomplish the same goal. Foucault provides several different avenues of thought whereby correspondence accomplishes the function of askesis. Choose one specific way that correspondence operates as an askesis, and explain it well. End by assessing the relative significance of (a) the askesis you've chosen to concern yourself with to (b) the overall function of developing, controlling, or disciplining the self.